JCTR *BASIC* *NEEDS* *BASKET:* MPIKA

## March 2014

**(A) COST OF BASIC FOOD ITEMS FOR A FAMILY OF FIVE IN MPIKA**

**Commodity Kwacha Quantity Total Kwacha**

Mealie meal (Breakfast) 71.80 2 x 25Kgs 143.60

Beans 8.80 3 Kgs 26.40

Kapenta (dry) 30.80 2 Kgs 61.60

Bream, smoked 36.20 1Kgs 36.20

Beef, mixed cut 31.20 4kg 124.80

Dark green vegetable 2.80 4 Kgs 11.20

Tomatoes 7.20 4 Kgs 28.80

Onion, large 7.80 2 Kgs 15.60

Cooking oil (2.5Ltrs) 41.20 3 litres 49.44

Bread wheat, refined flour, baked 6.00 1 loaf/day 180.00

Sugar 18.40 6 Kgs 55.20

Milk, long life 500ml 5.60 500ml 22.40

Tea, powder 13.20 1 Kgs 13.20

Eggs 10.00 2 units 20.00

Salt 4.60 1Kgs 4.60

***Sub total*  793.04**

**(B) COST OF ESSENTIAL NON-FOOD ITEMS**

Charcoal (90Kg bags) 43.92 180Kgs 87.84

Soap (Lifebuoy) 4.60 10 Tablets 46.00

Wash soap (Boom) 5.80 4x400g 23.20

Jelly (e.g. Vaseline) 13.40 1x500ml 13.40

Electricity (medium density - fixed) 125.00 125.00

Water & Sanitation (medium cost - fixed) 74.00 74.00

Housing (medium density - 3 bedroom) 450.00 450.00

***Sub total* 819.44**

***Total for basic needs basket***  **1,612.48**

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| **Totals from previous months** | Feb 13 | Mar 13 | Apr 13 | May 13 | Jun 13 | Jul 13 | Aug 13 | Sep 13 | Oct 13 | Nov 13 | Dec 13 | Jan 14 | Feb 14 |
| Amount (K) | **1,424.60** | **1,438.42** | **1,445.22** | **1,522.94** | **1,524.18** | **1,529.54** | **1,494.86** | **1,502.28** | **1,523.52** | **1,539.04** | **1,563.00** | **1,613.56** | **-** |

**(C) SOME OTHER ADDITIONAL COST**

**Item**  **K Item K**

Education Health

Grades 1-7 (PTA+Project/year) K65.00 Consultation Fee -

Grades 8-9 (User+PTA/year) K365.00 Mosquito Net (pregnant / ↓5) K3.00

Grades 10-12 (User+PTA/year) K1, 650.00 Malaria slide (private-Roan) K35.00

School Uniform K200.00 Fuel (cost at the pump)

Transport (bus fare round trip): Petrol (per litre) K9.91

Tazara-Town K60.00 Diesel (per litre) K9.20

Chilonga-Town K140.00 Kerosene (per litre) -

Lwitikila– Town K100.00

**(D) A COMPARISON OF COSTS (in Kwacha) OF BASIC NEEDS ACROSS ZAMBIA IN MARCH**

|  |  |  |  |  |  |  |  |  |
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| **Lusaka** | **Kasama** | **Solwezi** | **Monze** | **Chipata** | **Kabwe** | **Livingstone** | **Mpika** | **Luanshya** |
| **3,687.72** | **2,361.74** | **2,560.01** | **2,240.32** | **2,269.13** | **2,540.23** | **2,765.92** | **1,612.48** | **2,373.32** |

This survey was conducted on **31st March, 2014** by the Social and Economic Development Programme of the Jesuit Centre for Theological Reflection. Average prices were calculated on the basis of surveys conducted at Tazara Market, Tazara, Old Market, Musakanya Market, Chilonga Market and Town centre. Additional information was obtained from ZESCO, Water and Sewerage Companies, Schools, Clinics and Houses around Mpika. The March Basic Needs Basket is approximately **US$264** based upon the exchange rate of **K 6.0931** per US**$** prevailing on **the day of data collection**. Please note that other monthly costs would include personal care, clothing, recreation, etc.

**Jesuit Centre for Theological Reflection, P.O. Box 37774, 10101 Lusaka, Zambia**

**Tel: 260-211-290-410 Fax: 260-211-290-759 E-mail:** [**basicjctr@jesuits.org.zm**](mailto:basicjctr@jesuits.org.zm) **Internet:** [**www.jctr.org.zm**](http://www.jctr.org.zm/)

**Location: 3813 Martin Mwamba Road, Olympia Park, Lusaka**